

LET 1 Curriculum

Table A: LET 1 Core Curriculum Hours

| Lesson Number | Lesson Title | Hours |
|--|---|-----------|
| Unit 1: Chapter 1: Foundations of Army JROTC and Getting Involved | | |
| U1-C1-L1 | Army JROTC - The Making of a Better Citizen | 2 |
| U1-C1-L2 | The Past and Purpose of Army JROTC | 2 |
| U1-C1-L3 | Moving Up in Army JROTC - Rank and Structure | 2 |
| U1-C1-L4 | The Signs of Success | 2 |
| U1-C1-L5 | Your Personal Appearance and Uniform | 4 |
| U1-C1-L6 | The Stars and Stripes | 2 |
| U1-C1-L7 | Proudly We Sing - The National Anthem | 2 |
| U1-C1-L8 | American Military Traditions, Customs, and Courtesies | 2 |
| Unit 2: Chapter 1: Being a Leader | | |
| U2-C1-L1 | Leadership Defined | 2 |
| U2-C1-L2 | Leadership Reshuffled | 2 |
| U2-C1-L3 | Leadership from the Inside Out | 2 |
| U2-C1-L4 | Principles and Leadership | 2 |
| Unit 2: Chapter 2: Leadership Skills | | |
| U2-C2-L1 | Steps from the Past | 2 |
| U2-C2-L2 | Roles of Leaders and Followers in Drill | 2 |
| U2-C2-L3 | Using Your Leadership Skills/Taking Charge | 2 |
| U2-C2-L4 | Stationary Movements | 2 |
| U2-C2-L5 | Steps and Marching | 2 |
| Unit 3: Chapter 1: Know Yourself - Socrates | | |
| U3-C1-L1 | Self Awareness | 2 |
| U3-C1-L2 | Appreciating Diversity through Winning Colors | 2 |
| U3-C1-L3 | Personal Growth Plan | 2 |
| U3-C1-L4 | Becoming an Active Learner | 2 |
| Unit 3: Chapter 2: Learning to Learn | | |
| U3-C2-L1 | Brain Structure and Function | 2 |
| U3-C2-L3 | Learning Style and Processing Preferences | 2 |
| U3-C2-L4 | Multiple Intelligences | 2 |
| Unit 3: Chapter 3: Study Skills | | |
| U3-C3-L1 | Thinking Maps | 2 |
| U3-C3-L2 | Reading For Meaning | 2 |
| U3-C3-L3 | Study Habits that Work for You | 2 |
| Unit 3: Chapter 4: Communication Skills | | |
| U3-C4-L1 | The Communication Process | 2 |
| U3-C4-L2 | Becoming a Better Listener | 2 |
| Unit 3: Chapter 5: Conflict Resolution | | |
| U3-C5-L1 | Causes of Conflict | 2 |
| U3-C5-L2 | Conflict Resolution Techniques [Just Two Days] | 2 |
| Unit 3: Chapter 11: NEFE High School Financial Planning Program | | |
| U3-C11-L1 | NEFE Introduction: Setting Financial Goals | 2 |
| Total LET 1 Hours | | 66 |

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Table B-Additional JROTC Required Activities

| Physical Activity/Leader Assessment | Hours |
|---|--------------|
| <p>You are required to perform at a minimum 20 hours of Leadership Application and Assessment. Select the activity and the number of hours from the list below.</p> <p>LA_1 Stationary Movement LA_2 Steps in Marching LA_3 Squad Drill LA_4 Platoon Drill LA_5 Company Formations and Movements LA_6 Forming, Inspecting, and Dismissing the Battalion</p> | 20 |
| <p>CC_1 Cadet Challenge</p> | 10 |
| | |
| Activities-Service Learning/Community Service | |
| <p>Service Learning/Community Service-You are required to teach a minimum 10 hours of Service Learning/Community Service. This table shows the required lessons that must be included in your schedule.</p> <p>SLCS_1 Service Learning/Community Service Preparation 4 hours U3-C8-L1 Orientation to Service Learning 2 hours* U3-C8-L2 Plan and Train For Your Exploratory Project 2 hours* U3-C8-L3 Project Reflection and Integration 2 hours*</p> <p>*Courses can be used for PE and Wellness credit</p> | 10 |
| | |
| Activities-Administration/Testing/Inspections | |
| <p>Administration/Testing/Inspections-You are allocated 24 hours for Administration/Testing/Inspections activities. Select from the list below or you may add additional activities that are required by your school.</p> <p>ATI_1 Admin ATI_2 Testing ATI_3 Preparation for Inspection ATI_4 Inspections</p> | 24 |
| <p>Total additional JROTC Required Activities</p> | 64 |

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Table C- Approved Electives

| JROTC LET 1- Approved Electives | | |
|--|---|---|
| <p style="text-align: center;">Category 1</p> <p>Curriculum materials provided by JROTC:</p> <ul style="list-style-type: none"> • Extension of Mandatory Subjects • JROTC Curriculum • Quarterbacks of Life Curriculum focused service learning and continuous improvement activities • Teen CERT • Cadet DL • Safety and Marksmanship • Success Profiler • ACT/SAT • Interactive History Timeline • Pennsylvania Veterans Museum Videos • Health & PE • *Sexual Harassment / Assault | <p style="text-align: center;">Category 2</p> <p>Instructors develop/provide their own curriculum materials:</p> <ul style="list-style-type: none"> • Extension of Mandatory Subjects • Computer Training • Media Communications • Physical Training • Exhibition Drill • Water Safety • Hunter Safety • Wilderness Survival Safety • **School Required | <p style="text-align: center;">Category 3</p> <p>Materials can be ordered and their use is highly recommended :</p> <ul style="list-style-type: none"> • JROTC Leadership and Academic Bowl (J-LAB) Prep • NEFE High School Financial Planning Program • Adopt a School • Teaching Presentation Skills • We the People • Junior Achievement High School Programs (Job Shadow Day, Personal Finance, Careers, etc.) |
| <p>*Must receive prior approval from your school administration before teaching Sexual harassment (U2-C1-L5)</p> <p>** You may add approved required subjects/ activities as directed by your school</p> | | |

Table D: Calculating your hours

| | |
|---|------------|
| LET 1 Core Curriculum Hours (from Table A) | 66 |
| LET 1 Additional JROTC Required Activities (from Table B) | 64 |
| Total JROTC Required Hours | 130 |
| | |
| <p>Elective Hours-the difference between 130 totals JROTC required hours and the hours your school requires you to teach. You have the option to choose from JROTC approved electives (Table C) which includes approved required subjects/ activities as directed by your school.</p> <p><i>Example: Your school schedule requires you teach 172 hours. (172-130=42); Elective hours listed in this block will be 42.</i></p> | |
| Total Hours required by your school | |

Note: Refer to table E-G for Health, PE, and Teen CERT Curriculum