

**YSLETA INDEPENDENT SCHOOL DISTRICT
SCHOOL HEALTH ADVISORY COUNCIL (SHAC)**

Meeting Minutes

Ysleta ISD Administration Center
Capitan Room

Thursday, January 18, 2018
3:30 pm

Members Present:	Carey Raymond-Holden, SHAC Celina Gamboa, YWLA Counselor Linda Flores, Common Threads Amelia Olivarez, SFE Flor Esnayra, CNS Mary Boisselier, YCLC	Elizabeth Zarate, Emergence Health Network Cynthia Monzon, Emergence Health Network Mary M. Perales, Del Norte Elementary Maria Cloud, Marian Manor, Counselor Alan Crawford, CNS
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Meeting called to order at 3:35 PM by Carey Raymond- Holden. Carey called for a review of the minutes from the September meeting. Motion made by Maria Cloud and seconded by Mary Perales. Minutes approved as written.

Business: Presentations

- *Common Threads – Cooking for Life*, presented by Linda Flores. Nutrition and cooking education program taught by classroom teachers or trained out-of-school staff. Interactive, hands-on lessons support core content areas with additional extension lessons aligned to Common Core Standards. Consists of 8 lessons and recipes for 3rd – 8th graders offered throughout the school year and summer. Teachers receive two hours of program training and receive two CE credits when completed. *After-School programs* are available and consist of 10 lessons. *Parent Workshop* is available to teach parents about basic nutrition, grocery shopping and cooking with their children. These classes are interactive and include a field trip to a grocery store.
- *Outreach, Screening, Assessment, and Referral (OSAR)*, presented by Elizabeth Zarate of Emergence Health Network. The program has two components – education and assessment. The program is funded by the state health department to provide education about drugs and provide assessment to determine which people may need assistance. They can provide educational sessions during classroom time, health fairs, and parent nights. Carey will send the information about becoming a Partner in Education.

Aniella Olivares, SFE Nutritionist provided an update for the Healthy Options food program. Salad bars are operational at all participating schools. The students are partaking of the items offered. Roving Chef classes and Farmer's Markets are being received well.

Action Items:

Maria Cloud made a motion to approve the Common Threads program as an adjunct program for 3rd-8th grades, Carey 2nd, motion carried.

Maria Cloud made a motion to approve the OSAR presentation for campuses, Celina Gamboa 2nd, motion carried.

Motion regarding Amaze puberty videos was tabled.

Meeting adjourned at 5:00 pm

Minutes Compiled by: Carey Raymond-Holden