

2 STEP 2: SPREAD THE WORD

Now that you've answered the Who, What, When, Where and Why questions, it's time to recruit more club members.

RECRUITING IDEAS:

- Hand out treats as students come in the front door and say "Good morning from the Random Acts of Kindness Club."
- Publicize the first meeting over the morning announcements, at an assembly, on a readerboard and/or make posters and fliers to post in the school.
- On the day of your first meeting, hand out small goodies before school and say, "Have a great day from the Random Acts of Kindness Club. Please come to our meeting today."

“The more each person is kind the further it will spread. What can YOU do to be kind today?”



Artwork from Ceadercrest High School's Random Acts of Kindness Club school assembly

If you wake up every day hoping to influence just one person's life, you never know the ripple effect it could have on the world.

3 STEP 3: HOLD YOUR FIRST MEETING

Let the fun begin by holding your first meeting as an official RAK Club!

FIRST MEETING TO-DO'S:

- Bring treats to the meeting.
- Brainstorm ideas of things your club can do in school and in the community (be sure to check out the kindness ideas section of our website). Ask one person to write all ideas on butcher paper or on the board.
- Give your club a name.
- Pick a kindness idea to work on for the next meeting.

FIRST MEETING ICE BREAKERS:

- Have everyone introduce themselves. Announce what grade they are in as well as something personal like their favorite class, hobby, act of kindness, etc.
- If you have a large group, at every meeting have everyone meet three new people and find two things you have in common with them.
- Give all RAK Club members a colorful 3x5 index card and ask them to write down a kind act they've seen, done or received. Keep the RAK's anonymous like "Someone made me cookies" or "I shoveled my neighbor's walk." Later, you can post the cards somewhere visible or use as inspiration for future club activities.
- Have each person think of one RAK activity to bring to the next meeting.



Ceadercrest High School's
Random Acts of Kindness Club

TRIED AND TRUE TIPS FROM PAST RAK CLUB ADVISORS & CLUB MEMBERS:

- At every meeting, record meeting minutes (observations or notes) to help you remember what you've done, what worked and what didn't work at a particular time. Maybe an activity didn't work when the club was young, but it will in a few years.
- Take pictures of meetings, activities, members, etc. Keep a scrapbook, blog or Facebook page for your Club!
- Remember that every meeting and every school year will be different. As members and officers change, so will the club.
- Try to establish a few activities that might become school traditions. For example, organize a drive to collect personal products for the homeless each year before Thanksgiving.
- Even if people can't commit to coming to meetings, encourage the school to be kind.
- Make a club t-shirt.
- Get feedback.
- Change the world.

“Kindness is thinking about another person & feeling the desire to let them know how important they are just the way they are.”