

## Child care services

### Aetna Resources For Living<sup>SM</sup>

Many parents agree that finding child care is one of their most pressing — and challenging — needs. Who doesn't want to find the best possible setting, where children receive care that keeps them safe, busy, happy and healthy?



#### **Finding child care is easier, thanks to your worklife benefits.**

##### **You can call a worklife specialist anytime, 24/7, for:**

- A specific discussion of your child care needs, including:
  - The time of day or night coverage is needed
  - Preferred location
  - Financial limits
  - Type of care needed/preferred
- Research to find care in your area that fits your needs
- Referrals to qualified caregivers
- Guidebooks, tip sheets and other helpful information related to your request

##### **You can click on your Worklife Services website for:**

- A convenient child care search tool so you can do your own child care search anytime, anywhere
- Articles, videos and more on topics such as parenting, education and child development

##### **Worklife specialists can help you with referrals to:**

- Before- and after-school care
- Back-up care
- Preschools and nurseries
- Babysitters
- In-home providers
- Family care providers
- Child care centers
- Summer camps
- Special needs care
- Adoption resources
- Financial resources for child care assistance

**You can give us a call 24/7 for help finding child care providers in your area.**

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